

Sensitive Skin

Juniper Australia recommends the following routine to get the best results for your skin type.

Morning

- Cleanse **once**, using **Sensitive Cleansing Lotion** as per instructions on the bottle
- Tone **twice**, using **Calming Rose-Otto Mist** as per instructions on the bottle. Please note that for sensitive skin types, it is very important to use the mist twice to help calm the skin.
- Apply **Sensitive Rejuvenation Oil** all over the face and neck, paying special attention to irritated areas or visible veins.
- Apply **Sensitive Moisturising Lotion** or **Ultra Calm Replenishing Cream** as per instructions on the bottle
- Apply **Soothing Age-defying Eye Cream** as per instructions on the bottle.
- Apply **Antioxidant Skin Firming Serum** to lock in moisture and protect the skin. Apply by patting onto the skin, then leave for a few minutes before applying any sunscreen or makeup. Skin Firming Serum can be used as a makeup primer and applied after makeup to set it in place. It can also be reapplied throughout the day to smooth lines and wrinkles.

Evening

- Pre-cleanse with the **Calming Make-up Remover** to remove make-up or sunscreen.
- Cleanse **twice**, using **Sensitive Cleansing Lotion**.
- Tone **twice**, using **Calming Rose-Otto Mist**.
- Apply **Sensitive Rejuvenation Oil** all over face and neck paying special attention to areas that are irritated or have veins.
- Apply **Soothing Age-defying Eye Cream** around the eye and lip area.
- Apply **Antioxidant Skin Firming Serum**.

Note: In addition to your regular routine, we advise that you incorporate the following Intensive Treatments: -

Exfoliate your skin **once a week** with the **Calming Facial Exfoliant**.
Apply the Ultra Calm Exfoliating Mask once a week to replenish, hydrate and calm the skin.